



Position Description Fitness Assistant

Responsibilities

- Provide assistance to participants in the Weight Room and Cardio areas.
- Perform duties for the day-to-day activity supervision and equipment upkeep in the weight room and cardio areas.
- Enforce Campus Recreation policies and procedures in a fair, prudent and professional manner.
- Provide proper spotting for weight room participants.
- Assist participant in operating fitness equipment.
- Clean and maintain fitness facilities and equipment.
- Provide customer service and communicate with participants and staff.
- Assist participants with minor disputes and problems.
- Complete required forms completely and legibly.
- Assist with emergency situations and evacuations.
- Perform other duties as assigned.

Expectations

- Presents a professional appearance and attitude.
- Maintains a high standard of customer service.
- Demonstrate strong initiative.
- Demonstrates an understanding of diversity.
- Acts an ambassador for Campus Recreation both at work and away.

Minimum Qualifications

- Must be currently enrolled at UTSA, with a minimum GPA of 2.00.
- Attend and pass required Campus Recreation Fitness and Wellness training.
- Previous work experience with Campus Recreation in a university setting.
- Working knowledge of the free weight, selectorized and plate-loaded machines.
- Working knowledge of cardiovascular equipment and a variety of exercise accessories (steps, exercise bands, body bars, etc.)
- Working Knowledge of personal computer programs and audio visual equipment.
- First Aid, CPR and AED certified.

Working Conditions

- Maximum hours allowed per week are 19 (average 15)
- Work will take place at the 1604 and/or Downtown campuses.
- Work shifts include morning, afternoon, evening and weekend hours.
- Some required holiday hours.

Pay Rate

- Starting pay: \$8.00/hour